

CONNECT

- Join a [Special Interest Group \(SIG\)](#) in your interest area (including the new practitioners SIG)!
- [Connect with a current member](#) of a HOPA Committee and figure out what committees interest you!
- Participate in the Annual Conference Buddy Program

GET INVOLVED

- Volunteer to be a poster judge at Annual Conference
- Take part in the future direction of HOPA-Vote for HOPA Leadership (voting opens every Fall)
- [Recommend your colleagues for awards](#) to recognize their hard work (awards nominations open in the Fall each year)
- Join the [Mentorship Program](#)
- Attend the Annual Membership Business Meeting

LEARN

- Go to [HOPA Learn](#) for BCOP preparation materials to prepare for the exam (and save money on credits in the process!)
- Attend Annual Conference to network and learn with others
- Participate in [HOPA Journal Clubs](#) and have discussions with trainees at your institution about each topic
- Participate in a [HOPA Town Hall](#)

SHARE

- Apply for a [HOPA Research Grant](#)
- Submit proposal for a session at Annual Conference
- Sign up for the [HOPA News](#) volunteer writer pool, and publish in an upcoming issue!