

# **Navigating Cancer Clinical Trial Conversations: A Pharmacist's Guide for Patients and Caregivers**



# **Empower Your Health: Understanding the 4 Ws of Cancer Clinical Trials**

Clinical trials are an important step in discovering new treatments, but they can feel complex and overwhelming. With the right information, you can approach clinical trials with clarity.

#### Who Will Be Involved in Your Clinical Trial **Journey?**

- Participants: People like you, helping to improve medicine.
- Researchers: Dedicated professionals who design and conduct the trial.
- Healthcare Providers: Your support team, including pharmacists, doctors, and nurses, who support your well-being.
- Interpreters: Language experts who help you communicate clearly with your care team.
- Caregivers: Loved ones and supporters who are part of your care team.



### Where Will Your Clinical Trial Take Place?

- Hospitals and Clinics: Trusted locations close to home where trials are conducted.
- Specialized Research Centers: Get care at places where new treatments are being developed.
- More Access: Cancer clinical trials are expanding to more locations, making them easier to access. Talk to your care team about the options right for you.

#### What Does Participating in a Clinical Trial Involve?

- **Innovative Treatments:** Be among the first to try new therapies.
- **Regular Check-Ups:** Your health will be closely monitored through tests, exams, and assessments.
- **Commitment:** Stay engaged with your treatment plan and attend scheduled visits to contribute valuable data.



## Why Should You Consider Participating in a **Clinical Trial?**



Receive Expert Care: Get the best care and close attention from a team of healthcare professionals who are focused on your well-being.



Access New Treatments: Be one of the first to try new therapies not yet available to the public.



Advance Medicine: Your participation could help lead to important medical progress.



Connect with Support Systems: Find resources, including language interpreters, to help make participation easier.



Because every community is unique, it's important to see how treatments work with different groups of people. By joining a clinical trial, you're helping yourself, others like you, and making a big difference in improving medicine.

## **Ready to Learn More?**

Visit www.hoparx.org/timetotalkdiversity to take the first step toward understanding your clinical trial options and empowering your health.





SCIENCE TO MEDICINE